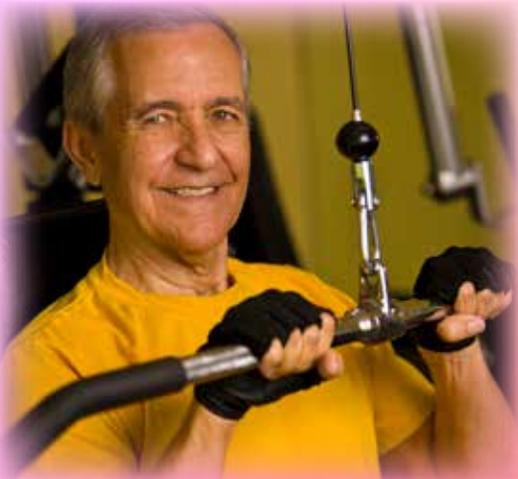




Caring 360[®]

Your Care Network
for Healthier
Resident Lifestyles



Innovate
Rehab & Wellness

Caring 360^o

We know the well-being of your residents is your top priority. We also know that you want to ensure they can enjoy a longer, healthier length of stay in your community.

Caring 360^o is a new service offered by Innovate Rehab & Wellness that is designed to meet your residents' needs as they age in place. Caring 360^o focuses on the whole person, with specific services designed to address Health, Supportive, Wellness and Education opportunities for each aging adult we serve.

We have aligned with several highly-experienced care partners for the delivery of care and services right in your community. Our wide array of services are detailed by focus area on the following pages.



Health

Rehab/Therapy Services

Our experienced experts in geriatric rehabilitation provide physical, occupational and speech therapies within your community. We specifically dedicate therapists to your community who will become ingrained into the lifestyle and get to know residents personally. Services can be provided under the home health benefit (if they qualify) or under the outpatient insurance benefit. We will also arrange for any needed durable medical equipment (DME) through our preferred providers.

Home Health

Providing skilled home health services through Hillcrest Home Care to residents who meet qualifications of home care admission. Services may include skilled nursing; PT, OT and speech therapy; medical social worker support and CNA services.

Hospice Care

Hospice services provided to residents nearing the end-of-life through Hillcrest Hospice Care. Hospice provides skilled nursing, certified nursing assistants, chaplain and social work services, and bereavement support for families up to 13 months after their loved one passes. Hospice care is typically a covered Medicare benefit.

Primary Care Nurse Practitioners

Primary Care provider services are available through Advanced Mobile Medicine. A nurse practitioner will keep regular "clinic hours" at your community each week for resident convenience. Residents can choose to use these providers for their primary care or these providers can coordinate care with the resident's primary physician.

Post-Acute Rehab

Through our partnership with Hillcrest Health Services, residents hold preferred status for admission to any Hillcrest post-acute rehab center, and we will help coordinate their transition back to your community when rehab is complete.





Supportive

Personal Care Services

In-home personal care services (“private duty”) are provided by Hillcrest Caring Companions. Offered on a private pay basis, these services help residents who need assistance with activities of daily living (ADLs) to live independently in your community and delay transitions to a higher level of care.

Mental Health Services

Geriatric mental health services are provided by Pando Geriatric Counseling. Counseling can be performed on-site in the resident’s apartment. Most major insurances are accepted.

Wellness

Telehealth

Home telehealth monitoring services are provided in collaboration with Hillcrest Home Care, enabling skilled professionals to monitor vital signs of a resident daily and to intervene if something falls outside established parameters. The goal is to keep residents healthier and avoid hospitalizations.

Fitness Classes

Weekly classes are led by an Innovate team member to help your residents to stay fit, healthy and independent. Frequency and type of classes will be tailored to each community, and could include strengthening, balance, tai chi or yoga.

Functional Screenings

Our team performs functional screens on residents on an intermittent basis. This could be at move in and then on a rotating schedule, such as every 3 or 6 months. Through screenings, we can identify functional deficits sooner and offer interventions that keep residents safer, healthier and more independent.

Foot Care Clinic

We offer foot care clinics on a monthly basis through Hillcrest Home Care or a local Podiatrist to help residents with general foot care and toe nail trimming.

Education

Resident Wellness Education Sessions

Educational sessions provided by local experts in topics related to wellness in aging adults. We have several established presentations and we’ll also tailor any educational presentation for your community as needs are identified.

Team Member Education Sessions

If desired, we provide educational sessions to team members on an intermittent basis. As with resident sessions we have several topics we are already prepared to educate on but we can tailor special presentations with advanced notice to meet your community’s needs.



Caring 360° in your Community

By creating a dedicated area in your community, our Caring 360° team members can be available to your residents for information and advice, care coordination and delivery of care services in the convenience of the place they call home. We would be happy to discuss arrangements with you for a dedicated space for our program.

Why Caring 360°

Our service was developed to partner with communities to fill in critical gaps in the continuum. By providing a more comprehensive approach to supporting the residents living in your community we will enable them to maintain their independence and delay their transitions to higher levels of care, which ultimately helps with your occupancy rates. Also, being able to tell prospective residents and families about this service in your community, you're enhancing the marketability of your community and offering a competitive advantage while not increasing your expenses.

Next Steps

Ready to see how Innovate's Caring 360 program can help your community? Contact Paul Gardner, Director of Home & Community Rehab Services, at pgardner@hillcresthealth.com or **(402) 682-6999**.



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